

WHAT'S YOUR DAILY ROUTINE?



AND HOW CAN YOU DESCRIBE IT?



Want to share your daily routine but don't know how? 😞

WE'RE HERE TO HELP! 😊



Tip: Use adverbs of frequency!

Remember to use words like:

always

never

sometimes

usually



Let's look at examples!



I **usually** stop by
the coffee shop
for breakfast.





**Sometimes, I go
to the gym during
lunch.**



I **rarely** eat out
for dinner.

**At night, I *always*
do my skincare
routine.**



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COMMENT DOWN BELOW!

